

Heidelberg Neural Therapy Meetings

Therapy with local anesthetics – science and skills.

July 3–4th and July 24–25th, 2015 Women's Hospital, Heidelberg University

Im Neuenheimer Feld 440, 69120 Heidelberg, Germany

July 3-4th, 2015 July 24-25th, 2015

Powered by ICMART, DGfAN, ÖNR, DÄGfA and other prestigious international neural therapy and pain societies.

The Heidelberg University Neural Therapy Education & Research Group (The HUNTER Group)

Info & registration: www.hunter-heidelberg.com





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emeritus professor of physiology at Heidelberg University



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Greeting

Greeting by Prof. Dr. Dr. h.c. Manfred Zimmermann,



Dear Participants,

neural therapy was born more than 100 years ago from the observation that short-acting local anesthetics often bring about long-term analgesia that is frequently accompanied by anti-inflammatory and other curative effects. Yet despite the fact that it is widely practiced, neural therapy remains a controversial topic.

To this day there is no standardized documentation of therapy results and no modern scientific substantiation that includes the complex interaction between the neural system and the immune system. Local anesthetics have a wide range of molecular effects: In addition to blocking nerve impulses, they also interrupt harmful regulatory circuits in the central nervous system and the autonomic nervous system, inhibit the release of proinflammatory neuropeptides such as substance P and CGRP by sensory nerves, act on endogenous opioids and endocannabinoid receptors etc. The Heidelberg HUNTER Group seeks to advance these findings and set new standards in their application and interpretation.

I would like to welcome you to the second Heidelberg Neural Therapy Meetings 2015 and hope you will gain new insights and learn new skills that will enrich your work as a physician.

Prof. Manfred Zimmermann

Greeting by Prof. Dr. Thomas Strowitzki Women's Hospital, Heidelberg

This marks the second year that Heidelberg Women's Hospital is hosting the NT Meeting. In the wake of the great success of the 2014 meeting, the HUNTER Group has decided to focus this year's conference on advanced training seminars.

Neural therapy, i.e. therapy using local anesthetics, is a future-oriented area of medicine with great potential. This is demonstrated by the outstanding speakers who will be teaching the practice-oriented seminars in Heidelberg. Heidelberg Women's Hospital offers ideal conditions for this conference:

The hospital boasts modern, well-equipped seminar rooms, short distances between venues and enough space for exchange and discussion.

I wish the organizers a successful meeting in the rooms of the Women's Hospital, and the recognition that this modern topic deserves.

Prof. Dr. Thomas Strowitzki

Invitation

Get to know the fascinating world of therapy with local anesthetics (LA). Tune in with famous previous practitioners of this therapy such as Sigmund Freud, August Bier, J.L.Corning, and J.J. Bonica and F. + W. Huneke – all of whom investigated and used LA for different indications of chronic pain and disease.

What is neural therapy?

NEW: Courses in

English

Current research has yielded fascinating new insights into the molecular mechanisms of LA and their anti-inflammatory, anti-nociceptive, and perfusion-inducing properties. Whether you already use LA for therapy or are a novice – come to Heidelberg and enhance your knowledge to be able to offer better treatment to your patients and become an expert in your field.

What are the benefits of neural therapy?

The first meeting was held in July 2014 to commemorate the 80th birthday of Prof. Manfred Zimmermann, Heidelberg's world-famous senior researcher in the field of the pathophysiology of pain. The forthcoming 2nd meeting will offer you the chance to acquire excellent practical skills in neural therapy. International experts will present this therapy to you on the basis of scientific research conducted at Heidelberg University and other institutions. Meet experts and practitioners and crown your efforts with a Heidelberg University Degree of neural therapy.

Last but not least, enjoy the Heidelberg Castle Summer Festivals in the evening.

Register now and get a 5 % early bird discount. Learn more on www.hunter-heidelberg.com.

Welcome to beautiful Heidelberg! We look forward to seeing you in July 2015.

Stefan W. Weinschenk, M.D.
On behalf of the HUNTER Group Heidelberg

Target group: Physicians working in hospitals and private practices



Program | July 3-4th

1st weekend

Friday, July, 3rd 2015

Time	Basics of neural therapy 1
2:30–6:30 p.m.	Basic course 1 (15 TU)
7:30 p.m.	Cultural program

Saturday, July, 4th 2015

Time	Basics of neural therapy 1
8:30 a.m 1:15 p.m.	Basic course 1 (continued)
	Lunch break
2:30 - 6:30 p.m.	Basic course 1 (continued)
7:30 p.m.	(optional) Dinner

Fees	regular	reduced	student
► 15 units (45 min)	495€	395€	260€
► 30 units (45 min)	895€	695 €	450€

EARLY BIRD DISCOUNT:

• **5%** if you register by Monday, May 25th 2015 (date of receipt by the conference office)

Program | July 24–25th

2nd weekend

Friday, July, 24th 2015

Time	Basics of neural therapy 2
4:30 - 8:30 p.m.	Basic course 2 (15 TU)
9:00 p.m.	Cultural program

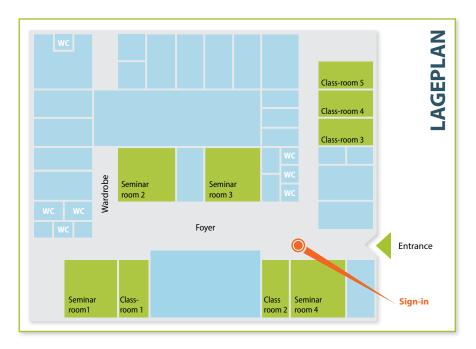
Saturday, July, 25th 2015

Time	Basics of neural therapy 2
8:30 a.m1:15 p.m.	Basic course 2 (continued)
	Lunch break
2:30 - 6:30 p.m.	Basic course 2 (continued)
7:30 p.m.	(optional) Dinner

Online registration and detailed program: www. hunter-heidelberg.com

TU = teaching units (45 minutes)

Floor plan



Basic courses

- Basic courses 1 and 2 are consecutive courses that comprise 15 teaching units (TU)
 each. They are based on the curriculum of the German Association for Acupuncture
 and Neural Therapy (DGfAN) and are recognized by the association.
- As the topics taught in basic courses 1 and 2 are related, enrolling in both courses is recommended, but not required. Each course can be booked independently.
- Outlook: Basic courses 3 and 4 are scheduled for July 2016.



General description of workshops

All workshops have the same objective:

We want our participants to gain new insights and experience aha moments in a relaxed and friendly atmosphere, be able to immediately put into practice what they have learned and have fun socializing with their colleagues both during and after the official part of the program.

Our quality promise:

We offer advanced training that is consistent with university standards. We place special emphasis on providing evidence of efficacy. We are known for clear and understandable instructions. The course instructors are highly qualified international experts with many years of practical experience in LA therapy.

1. NTh Basic Course 1

Principles of therapy with local anesthetics (neural therapy)
Instructor: Dr. Siddhartha Popat, M.D., Nicolas Stamer, M.D. and colleagues

Content: Definition of neural therapy, treatment levels (local, segment, regional, interference field, systemic); description of the effects and side effects of the therapy with local anesthetics; indications and contraindications; medical history and examination from the perspective of reflex medicine and regulatory medicine; technical requirements and tools; simple injection techniques for beginners. Injections in the ENT field are also part of the basic course 1.

Learning targets: Recognizing and applying the principles of LA therapy; participants may discuss their own experiences, e.g. with intracutaneous injections (quaddels) in their daily practice, in the workshop.

Target group: Medical practitioners and dentists of all specialties working in hospitals or doctor's offices. Medical and dentistry students.





General description of workshops



2. NTh Basic Course 2

Application of LA therapy (neural therapy) Instructor: Dr. Petja Piehler and colleagues

Content: Practical application of neural therapy, significance of functional chains; neural therapy as a complementary method to pharmacological pain therapy, possibilities and limits; new findings and theories on the concept of "interference fields"; additional harmless injection techniques; participants may bring and discuss their own cases.

Learning targets: Understanding the basic neuroanatomical effects of both methods; learning simple techniques for quick success.

Target group: Medical practitioners and dentists of all specialties working in hospitals or doctor's offices; medical and dentistry students in the clinical phase of their studies.

German lessons:

During this meeting, we also offer special lessons on neural therapy in orthopedics, gynecology, dentristry etc. in German. To learn more, please see the German program version on **www.hunter-heidelberg.com.**



Heidelberg – favorite destination in Germany

Whether you come to Heidelberg on business or as a tourist, you will find it is a city that – in the words of J.W. Goethe, one of Germany's greatest writers – has "something ideal" about it. Asked to name their favorite destination in Germany, visitors from abroad consistently choose Heidelberg Castle. And no fewer than three million people come to Heidelberg every year, drawn by the historical flair of this university city, with its stunning setting, wide range of entertainments, superb shopping, and restaurants to meet every taste. It is a dynamic city that is constantly developing – in terms of architecture, business activities and ideas.

Nothing is very far away in Heidelberg – and there are so many sights to discover and experience! Heidelberg Castle and the extensive Castle Gardens are a magnet for visitors and the City's top attraction. Walk up one of the many paths – or take the Philosophenweg (Philosopher's Way) you have a breathtaking view of the city, the river and the surrounding hills.

Back in the city you will find a huge variety of historic buildings, impressive memorials and elaborate fountains, all of which have fascinating tales to tell. Enter the Old Town and you find yourself embarking on a journey back through history.

As you stroll through Heidelberg you will also be tempted to stop off in some of the many public squares and gardens – little oases of green that are popular meeting places for people of all ages.

Throughout the year there are different regular festivals and events hosted and organized in Heidelberg. Between June and August 2014 the picturesque castle ruins provide the backdrop for the Heidelberg Castle Festival. Enjoy an unforgettable Castle Festival evening on Friday, 3rd July, 2015 together with the speakers.

Heidelberg offers accommodation options suited to all tastes and budgets. Many are centrally located (http://www.heidelberg-marketing.com/hotels/hotel-booking.html).

We have reserved hotel rooms for you at the NH Hotel Heidelberg (see p. 13).

General information Registration, confirmation, cancelation

Attendance fees

Fees for courses in English			student 3)		
15 TU	495 €	395€	260€		
30 TU	895€	695€	450€		

¹⁾ Reduced fee for members of partner organizations and for medical personnel of the universities of Heidelberg and Mannheim. This membership discount can be used only once, even in the event of multiple eligibility.

EARLY BIRD DISCOUNT:

• **5%** if you subscribe by Monday, May 25th 2015 (receipt by the conference office) Early bird discounts apply to all fees and can be used only once.

Services

The following services are included in the attendance fee: workshops and course material, snacks and beverages, certificate of attendance, credit certificate for the partner organizations (page 17).

On Saturdays a hot lunch is offered in the lobby. Participants can pre-order this lunch at the time of registration for the special price of $10 \in \text{(usually 15 \in)}$.

Registration, payment, confirmation, cancelation

Your registration is not confirmed until the full fee is paid by credit card or bank transfer. Registrations are processed on a first come, first served basis. If you cancel your registration on or before April 3, 2015, we will charge a handling fee of $25 \\\in$. If you cancel by June 16, 2015, we will refund 50% of the attendance fee. After this date, a refund is no longer possible, unless you can name another person who will attend in your place and use your booked arrangement. In this case, we will charge a handling fee of $25 \\in f$ for the preparation of documents in another name. If you have special wishes with regard to billing, please let us know at the time of your registration. We will charge a handling fee of $25 \\in f$ for the rewriting of invoices.

General information Registration, confirmation, cancelation

The prices are based on the rates currently charged by the service providers and the VAT in force at the time of the conference. The conference may be subject to changes outside our control.

Legal provisions, liability

This conference is organized by Heidelberg University, The HUNTER Group.

If a third party enters into the contract, the party and the participant shall be jointly liable to the organizer as co-debtors for the invoice amount and the booking change fees. The organizer's liability for damage is limited to triple the attendance fee/invoice amount, provided that the damage is not intentional or due to gross negligence.

The organizer is responsible for the academic program. The attendance fees for the conference are collected by the Congress and Conference Management of Heidelberg University as trustee on behalf and for the account of the organizer. Bookings are made based on the General Terms and Conditions as set forth above. Oral agreements are not binding, unless they are confirmed in writing.

Accommodation

We have reserved hotel rooms for you at the NH Hotel Heidelberg, Bergheimer Straße 9,1 from July 3rd to 4th and July 24th to 25th.

The conference rates are as follows:

Single room including breakfast: 112,55 €

Double room including breakfast: 132,45 €

You can book your room either online or via phone:

+49 30 2238 0233 / +49 6221 1327-0

+800 0115 0116

or E-Mail: reservierungen@nh-hotels.com

Reference: Heidelberger Curriculum Neuraltherapy 2015, Heidelberg

The reservation deadline will be June 5th, 2015 for the weekend July 3rd and 4th and June 26 for the weekend July 24th to 25th. After these dates rooms and rates are based upon availability.

²⁾ Medical and dentistry students of all universities who can present a valid certificate of enrollment for the summer term 2015.

EGISTRATIO

Online registration: www.hunter-heidelberg.com

By fax: +49(0)6221 54-2162

By email: unikt-kongresse@zuv.uni-heidelberg.de

Name				
Title/First name				
			☐ fema	ale male
c/o Hospital (if applicable)				
Street address				
Country/ZIP code				
			Private add.	Hospital add.
City				
Country code/Phone number				
Email address				
	Registered phys.	Hospital	☐ Resident phys.	Student

Payment:

Account holder: Universität Heidelberg

Account number: 74 21 500 436

Bank code: 600 501 01

IBAN: DE 69 6005 0101 7421 5004 36

BIC: SOLADEST 600

Purpose (please state on form):

 $Last\ name, first\ name + SA\ 7813452$

Please note that the booking and reservation of basic courses and workshops is not final until payment is received.

Registration for basic courses and workshops:

Check t	he boxes next to the	courses	worksh	ops you	wish t	o attend.	
gistratio	n for:			Da	te	Hours	
NTh Ba	asic Course English 1			July 3	3-4, 15	15 TU	
NTh Ba	asic Course English 2			July 24	-25,15	15 TU	
		Total to	eaching	gunits	(TU):		
	equa	ls an atte	ndance	fee of (se	e p. 14):		•
- 5% E	ARLY BIRD DISCOUNT ((registration	by May, 25 ^t	th 2015)			
Employ	ees of Heidelberg Unive	rsity and I	Лаnnheir	m Univers	ity		
Membe	rship no. of the organiza	ations					
1 lunch	, 10 €, July 4 th , 2015	vegetariar		non-veget.			
1 lunch	, 10 €, July 25 th , 2015	vegetariar		non-veget.			
				T	otal:		•
phone are not I confirm the b Heidelk	tions by fax are accepted and c c accepted. Please note that yo ooking and acknowledge the C perg Castle Festival, Frida payed at the congress bu	our registration General Term Bay, July 3 rd	on cannot b and Condi	e confirmed tions.		_	
/Date		Signature					



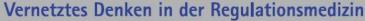
Lust auf Fort- und Weiterbildung?



Professionelle Fort- und Weiterbildung in

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für Ärzte, Zahnärzte und Tierärzte



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35. Kongress "Männergesundheit – Frauengesundheit"

21. - 24. April 2016 - Hotel Pullman Erfurt am Dom - Theaterplatz 2 - 99084 Erfurt



UniversitätsKlinikum Heidelberg

Partner organizations

We thank our partner organizations for their support of this conference. All members of partner organizations are eligible for a discount on the attendance fee. The following organizations grant credits for NT Meeting courses, see p. 18.



Patronage:

DGfAN e.V. | Deutsche Gesellschaft für Akupunktur und Neuraltherapie e.V.



ÖNR e.V. | Österreichische Gesellschaft für Neuraltherapie und Regulationsforschung, Wien



BNR | Turkish Association for Neural Therapy, Istanbul



BVF | Berufsverband der Frauenärzte e.V.



DÄGfA e.V. | Deutsche Ärztegesellschaft für Akupunktur e. V.



DGS | Deutsche Gesellschaft für Schmerztherapie e.V.



ICMART | Internat. Council of Medical Acupuncture and Related Techniques



NATUM e.V. | Arbeitsgemeinschaft für Naturheilkunde, Akupunktur, Umwelt- und Komplementärmedizin in der DGGG



ÖSG | Österreichische Schmerzgesellschaft

Imprint

Editor responsible for the contents of this brochure and the academic program

Heidelberg University

The HUNTER Group-Heidelberg University Neural Therapy Education and Research Group Prof. Dr. med. Thomas Strowitzki, Dr. med. Stefan Weinschenk

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Disclaimer of liability

The organizer does not accept liability for changes of the program or of speakers and for rescheduling or cancelation of events.

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Certificates and credits

Credit points for advanced training of the German Medical Association

Certificates for advanced medical training: An application for CME certification of 40 TU has been submitted to the Baden-Württemberg Medical Association (valid for all of Germany).



Recognition of attendance by the partner organizations

(as in February 2015): The partner organizations grant credits for attendance of NT Meeting courses. Other forms of recognition are planned.

Members of the partner organizations are eligible for a discount on the attendance fee (see page 12).

Attendance of the Heidelberg NT Meeting is recognized by the partner organizations as follows:

Deutsche Gesellschaft für Akupunktur und Neuraltherapie (DGfAN)

The neural therapy curriculum with examination and certificate comprises 4 basic courses of 15 TU each and six master courses of 10 TU each, i.e. 120 TU in total. Both of the Heidelberg basic courses are fully credited for the DGfAN curriculum.

Pain Therapy Curriculum

DGS: The DGS cooperates with the Medical Associations to offer an advanced training course entitled "Spezielle Schmerztherapie" (specific pain therapy) that comprises 8x10 TU. For the Heidelberg Curriculum (headed by Prof. Zimmermann), 10 or more TU at the Heidelberg NT Meeting are credited as one course day (10 TU).

Deutsche Ärztegesellschaft für Akupunktur (DÄGfA)

NATUM

The lecture and workshops are credited toward the "Ganzheitliche Frauenheilkunde" (Holistic Gynecology) certificate as one course per half-day, i.e. as a maximum of 4 NATUM courses.

ÖNR

The curriculum of ÖNR for the "neural therapy" diploma of the Austrian Medical Association with examination comprises 8 courses of 15 TU each. The entire Heidelberg NT Meeting is credited as one course.

The HUNTER Group www.hunter-heidelberg.com

What is neural therapy?

Neural therapy is the administration of undiluted local anesthetics for diagnostic and therapeutic purposes. Although it has been known since 1884 and is practiced extensively all over the world, little research has been conducted on this therapeutic method. Typical indications are chronic pain, chronic functional disorders, unspecific illnesses, disorders of the autonomic nervous system and chronic inflammation. More information in a review from 2012:

www.hunter-heidelberg.com/review

The HUNTER Group

The HUNTER Group (Heidelberg University Neural Therapy Education and Research Group) is an interdisciplinary work group of Heidelberg University founded in 2011. Its honorary chairman is Prof. Manfred Zimmermann.

The group consists of members of the following departments:

- Department of Anesthesiology, Heidelberg University Hospital
- Women's Hospital, Department of General Gynecology and Obstetrics
- Women's Hospital, Department of Gynecological Endocrinology and Fertility Disorders
- Department of Internal Medicine (Krehl Clinic)
- Kirchhoff Institute for Physics (KIP)

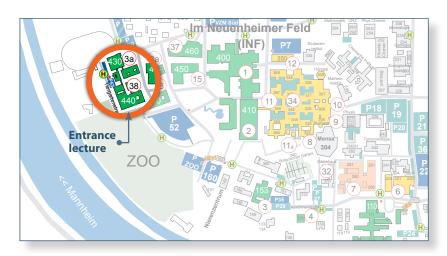
The aims of the HUNTER Group are:

- Providing excellent training
- Scientific studies on the principles and clinical application of neural therapy
- Promoting LA therapy within Heidelberg University Hospital
- Interdisciplinary cooperation
- Public relations activities in cooperation with the associations for neural therapy and pain therapy





How to find us | Site plan | Parking



By car

From the A5 Autobahn, turn off at *Autobahnkreuz Heidelberg* and follow the A656 to Heidelberg. If you are coming in on the A6, turn off at *Autobahnkreuz Mannheim* to follow the A656. At the end of the Autobahn, turn left and follow the signs to *Neuenheim/Universitätsklinikum*, then after approx. 100 m turn right into *Vangerowstraße* and follow the *Unikliniken* signs north over Ernst-Walz-Brücke to cross the Neckar. You are now on *Berliner Straße*, with the *Neuenheimer Feld Campus* to your left.

At the **third** light (tram stop Technologiepark), turn onto Im Neuenheimer Feld and follow this street approx. 1 km until you reach the zoo. Turn left into parking lot 52 Medizinische Klinik. Follow the footpath 100 m to the **south entrance of the lecture wing** of the Women's Hospital.

By public transport

Take tram line 21 or 24 from the main railroad station to the stop *Technologie-park*: To change to bus line 31 or 32, follow the street into *Neuenheimer Feld*; after approx. 30 m you will see the bus stop on the right side of the street. Bus stop *Jugendherberge*: The bus stops are located directly in front of the entrance to the lecture wing.

Parking

Parking lot P52 (directly in front of the entrance to the lecture wing), parking garages P 200, P 160, P 699



General information

Conference dates

July 3-4, 2015 and July 24-25, 2015

Venue

Heidelberg University Women's Hospital Im Neuenheimer Feld 440 69120 Heidelberg, Germany

Host

Heidelberg University
The HUNTER Group
Heidelberg University Neural Therapy Education and Research Group
Dr. med. Stefan Weinschenk

Organization

Heidelberg University, Research Division Knowledge Exchange, Congresses and Conferences Seminarstraße 2, 69117 Heidelberg, Germany Phone +49 (0)6221 54-3659 and 54-3403 Fax +49 (0)6221 54-2162 Email: unikt-kongresse@zuv.uni-heidelberg.de www.uni-heidelberg.de/unikt-kongresse

Conference office

The conference office is located in the lobby of the conference venue and is open daily from one hour before the start of the program to 30 minutes after the end of the program.

Conference hotline

+49 (0)6221 54-3403

Online registration at:

www.hunter-heidelberg.com E-Mail: unikt-kongresse@zuv.uni-heidelberg.de





Speakers

Dr. med. Jakob Emrich

Anesthesiologist

Schmerzzentrum Ludwigshafen Rosenthalstraße 17, 67069 Ludwigshafen

Dr. med. Uwe Günter

Specialist for Orthopaedies and trauma surgery Siegfriedstr. 204c, 10365 Berlin

Dr. med. Lorenz Hotz

Anesthesiologist Gaisbergstr. 87, 69115 Heidelberg

Dr. med. Helmut Liertzer

President of ÖNR, Specialist for Orthopaedies and trauma surgery Bahnstr. 4, 2340 Mödling, Österreich

Dr. med. Wolfgang Ortner

Ob-Gyn, President of IFMANT Tannenweg 5, 2451 Hof/Leithaberge, Österreich

Dr. med. Johanna Osztovics

GP, Board Member of ÖNR Zachgasse 22, 1220 Wien, Österreich

Dr. med. Petja Piehler

Chief of Medicine, Department of Internal Medicine 3 RoMed Klinikum Wasserburg, Dept. of Internal Medicine Krankenhausstr. 2, 83512 Wasserburg am Inn

Dr. med. Siddhartha Popat M.A.

GP, acupuncturist, lecturer for general medicine and naturopathy Kolpingstr. 8, 53562 St. Katharinen

Dr. med. Karin Serrat

Specialist in physical medicine, Board Member of ÖNR Sonnendorf 80, 6334 Schwoich, Österreich

Nicolas Stamer

Specialist for Orthopaedies and trauma surgery Tulpenweg 6, 93080 Pentling, Germany

MR Dr. med. Rainer Wander

President of DGfAN e.V. Friedensstraße 47, 07985 Elsterberg/Coschütz

Dr. med. Stefan Weinschenk

Group office for obstetrics, gynecology and naturopathy, lecturer at Heidelberg University Bahnhofplatz 8, 76137 Karlsruhe

Dr. med. Wilfried Wotke

Dentist, GP, neural therapist Langobardenstr. 126/1/8, 1220 Wien, Österreich

Hosts:

Dr. med. Cornelia von Hagens

Chief Resident, Outpatient Department for Naturopathy, Department of Gynecological Endocrinology and Fertility Disorders Women's Hospital Frauenklinik, Im Neuenheimer Feld 440, 69120 Heidelberg

Prof. Dr. med. Thomas Strowitzki

Women's Hospital, Department of Gynecological **Endocrinology and Fertility Disorders** Im Neuenheimer Feld 440, 69120 Heidelberg



Neural therapy at a glance

Weinschenk, S. (editor)

Handbuch Neuraltherapie

All you need to know about the therapeutic use of local anesthetics:

- Anatomical principles and neurophysiological effects
- Modes of action
- Specific diagnosis
- Therapeutic strategy
- All known injection techniques
- · A host of indications in various fields of medicine

(e.g. surgery, dermatology, gynecology, orthopedics etc.)

Step-by-step description of safe injection methods for various body structures

 with more than 300 photos and information on anatomy, levels of difficulty, potential errors and practical tips, and recommendations for treatment, estimating the chances of success and ancillary therapeutic measures.



2010. 1.120 p., 213 color photos, 103 b/w photos, hard cover EUR [D] 99.95 / EUR [A] 102.80 / CHF 134.00 ISBN 978-3-437-58210-3

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