

NCT-RUNning against Cancer. Alone. Together!



**#nctrun**

**1 - 3 July 2022**

# #nctrun



## NCT-RUNning against Cancer 2022 from July 1 to 3

### Challenge accepted? Definitely!

Normally, once a year thousands of people get on the road to participate in the NCT run and make their sign against cancer. Under the motto *NCT-RUNning against cancer. Alone. Together!* we started a collective action in 2020 to let our charity run take place despite the pandemic. For the virtual NCT run, the whole world moved for the NCT Heidelberg. From Iceland to Antarctica, from Honolulu to Japan, almost 20,000 people on all seven continents have been on the move over the past two years to make a sign against cancer.

### Starting signal: July 1 - Our goal: 100,000 kilometers

The success story as a virtual run is set to continue once again this year. The NCT run is not about top athletic performance. Everyone can participate, everyone can help. The virtual NCT run can be run anywhere: In the park or forest, on the treadmill or the tartan track. Everyone determines the route themselves.

### Join us and register now at [www.nct-lauf.de](http://www.nct-lauf.de)

**Alone. Together!** Become part of the NCT run and show it on social media with the hash-tags #nctrun and #nctrun. To get in the right running mood, you'll find personalizable starting numbers, posters, print templates, a run playlist and much more in our toolbox.

**We are looking forward to moving the world with you and making a strong statement together against cancer.**