

# Curriculum Vitae – Dr. Felicitas Engel

## Research areas

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- **Disorders of Gut-Brain Interaction (DGBI), especially irritable bowel syndrome**
- **Chronic inflammatory bowel diseases**
- **Psychotherapy**

## Professional Experience (Research)

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- 2023 – present      **Co-Principal Investigator:** PIONEER (deep-phenotyping and personalized therapy of patients with irritable bowel syndrome)
- 2019 – present      **Part of the research team “Psychosomatic intervention and process research” Heidelberg** under leadership of Prof. (apl.) Dr. Beate Wild
- 04/2018 - present    **Part of the research team “pain and disorders of gut-brain interaction” in Heidelberg** under leadership of Prof. (apl.) Dr. med. Jonas Tesarz
- 08/2014 – 06/2019    **Doctorate-Student (Dr. med.)** at the Department of General Internal Medicine and Psychosomatics in Heidelberg, doctorate supervisor: Prof. Dr. Rainer Schaefer  
**Thesis: Functional gastrointestinal disorders - Analysis of a specialty clinic with regard to patient population, subgroups and clinical course**  
(Funktionelle gastrointestinale Störungen – Analyse einer Spezialambulanz in Hinblick auf Inanspruchnahmeklientel, Subgruppen und Verlauf“)  
**(magna cum laude)**
- 03-08/2014          **Research assistant** at the Department of General Internal Medicine and Psychosomatics

## Professional Experience

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- 04/2023 – present**    **Senior physician** at the department of General Internal Medicine and Psychosomatics, Heidelberg University Hospital
- 03/2023                **Specialization in Psychosomatic Medicine and Psychotherapy**
- 04/2018 – 03/2023    **Assistant physician** - Working in the department of General Internal Medicine and Psychosomatics, Heidelberg University Hospital
- 09/2016 - 03/2018    **Assistant physician** - Working in the Psychiatric Center of Northern Baden in Wiesloch
- 2009-2015             **Degree in Medicine at Ruprecht-Karls-University**

## Further qualifications

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- 2022 – present      **Training in EMDR** (Eye-Movement Desensitization and Reprocessing), Level 2 completed

11/2018 - present	<b>Training in Schema Therapy</b>
01/17 – 03/23	<b>Training for a specialization in psychosomatic medicine and psychotherapy (cognitive-behavioral-therapy) at IFKV Bad Dürkheim</b>
11/18 – 03/23	<b>Training in operationalized-psychodynamic-diagnostics (OPD)</b>
05+11/2019	<b>Training in progressive muscle relaxation (PMR)</b>
03/2015	<b>Gut-directed hypnosis in a clinical setting</b>

## Awards and Scholarships

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2023 – present	<b>Postdoc program (Clinician-Scientist-Programm), Heidelberg University</b>
2020	<b>Financial support “Research and Family” by Heidelberg University</b>
2020	<b>Doctoral Prize “Bio-psycho-soziale Medizin 2020” (Bio-Psycho-Social Medicine 2020) awarded by the German College of psychosomatic Medicine (DKPM)</b>
10/2019 – 03/2021	<b>Scholarship for trainee program Carus „Qualifizierungsprogramm Klinische Forschung“ (Qualification program clinical research)</b>
09/2019	<b>Scholarship nEUROgastro TANDEM, Presentation of a project outline together with Dr. Pusceddu in Lisbon</b>
03/2015	<b>Travel expense scholarship for the German Congress of Psychosomatic Medicine and Psychotherapy</b>
2009	<b>Future Prize in Biology (Biozukunftspreis) awarded by Stiftung Natur Mensch Kultur (Foundation Nature Human Culture)</b>

## Publications

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2022	<b>Engel F., Stadnitski T., Stroe-Kunold E., Berens S., Schaefer R., Wild B. (2022) Temporal Relationships Between Abdominal Pain, Psychological Distress and Coping in Patients With IBS – A Time Series Approach. Frontiers in Psychiatry, 13, 768134</b>
2021	<b>Engel F., Stadnitski T., Stroe-Kunold E., Berens S., Schaefer R., Wild B. (2021) Pain and psyche in a patient with irritable bowel syndrome: chicken or egg? A time series case report. BMC Gastroenterology 21, 309.</b>
2021	Mohr S., Fritz N., Hammer C., Martinez C., Berens S., Schmitteckert S., (...), Engel, F., (...), et al. (2021) <b>The alternative serotonin transporter promoter P2 impacts gene function in females with irritable bowel syndrome.</b> Journal of Cellular and Molecular Medicine 25(16), 8047-61
2021	<b>Engel F., Berens S., Gauss A., Schaefer R., Eich W., Tesarz J. (2021) Higher Levels of Psychological Burden and Alterations in Personality Functioning in Crohn's Disease and Ulcerative Colitis. Frontiers in Psychology 12, 671493</b>

- 2021 **Engel F. Reizdarmsyndrom.** (2021) Deutsche Zeitschrift für Akupunktur 64, 129–31.
- 2020 Berens, S<sup>1</sup>, **Engel, F<sup>1</sup>**, Gauss, A, Tesarz, J, Herzog, W, Niesler, B, Stroe-Kunold, E, Schaefer, R. **Patients with Multiple Functional Gastrointestinal Disorders (FGIDs) Show Increased Illness Severity: A Cross-Sectional Study in a Tertiary Care FGID Specialty Clinic.** Gastroenterology Research and Practice.
- 2017 Berens, S.<sup>1</sup>, **Kraus, F.<sup>1,2</sup>**, Gauss, A., Tesarz, J., Herzog, W., Niesler, B., Stroe-Kunold, E. und Schaefer, R. (2017). **A Specialty Clinic for Functional Gastrointestinal Disorders in Tertiary Care: Concept and Patient Population.** Clinical Gastroenterology and Hepatology 15, 1127-1129.
- 2017 Berens, S.<sup>1</sup>, Stroe-Kunold, E.<sup>1</sup>, **Kraus, F.<sup>2</sup>**, Tesarz, J., Gauss, A., Niesler, B., Herzog, W. und Schaefer, R. (2017). **Pilot-RCT of an integrative group therapy for patients with refractory irritable bowel syndrome (ISRCTN02977330).** Journal of Psychosomatic Research 105, 72-79.

<sup>1</sup>shared first-authorship <sup>2</sup>Engel, F. (born: Kraus)