**Curriculum Vitæ**

**Jonas Tesarz, MD**

Date of birth: 22 June, 1979

Gender: male

Address: University Hospital Heidelberg   
Department for General Internal Medicine   
and Psychosomatics

Im Neuenheimer Feld 410  
 D-69120 Heidelberg, Germany

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Position: Head of the Inpatient Unit for General Clinical Medicine

Head of the Specialty Care Unit for Functional Gastrointestinal   
 and Chronic Pain Disorders

Children: one (\* 2015)

 **Research areas**

* Influence of stress and mental trauma on pain perception and central pain modulation
* Psychological treatment approaches for chronic pain and functional disorders
* Pain and pain treatment in high performance athletes

 **Professional experience**

04/2017 – today **Senior physician and assistant professor**Head of the inpatient unit for General Clinical Medicine (AKM) at the Department for General Internal Medicine and Psychosomatics, University of Heidelberg (Since 2018)

Head of the specialty care unit for functional gastrointestinal disorders at the Department for General Internal Medicine and Psychosomatics, University of Heidelberg (Since 2017)

10/2017 – 04/2018 **Research residence**   
at the `Cognitive and Affective Neuroscience Laboratory´ (Director: Prof. Dr. T. Wager), Department of Psychology and Neuroscience and the Institute for Cognitive Science, University of Colorado, Boulder, USA

10/2008 – 03/2017 **Resident for internal medicine and psychosomatics**  
Department for General Internal Medicine and Psychosomatics (Director: Prof. Dr. W. Herzog), University Hospital Heidelberg, Germany

03/2008 – 10/2008 **Research residence**   
Institute of Anatomy at the University of Heidelberg (Director: Prof. Dr. J. Kirsch)

 **Education**

11/2019 **Adjunct professorship,** University Heidelberg, Medical Faculty

04/2017 **Habilitation,** University Heidelberg, Medical Faculty; Venia legendi for the field General Internal Medicine and Psychosomatics

05/2015 **Auxiliary designation for Manual Medicine**(06.05.2015)

01/2014 **Medical Specialist for Internal Medicine**(22.01.2014)

01/2014 **Medical Specialist for Internal Medicine**

01/2008 – 02/2013 **Dissertation** Institute of Anatomy and Cell Biology (Prof. Dr. S. Mense), University of Heidelberg

4/2004– 10/2005 **Studies of Philosophy and Linguistics**, Heidelberg University

10/2000 – 12/2007 **Medical Degree**, Medical Faculty Heidelberg, Heidelberg University

 **Research residence**

10/2017 – today **Research residence** at the `Cognitive and Affective Neuroscience Laboratory´ (Director: Prof. Dr. T. Wager), Department of Psychology and Neuroscience and the Institute for Cognitive Science, University of Colorado, Boulder,USA

05/2003 – 08/2003 **Research residence**  
Work as junior scientist at University of California, (Director: Prof. Dr. H. Niaido)   
Department of Microbiology, Berkeley), USA

** Scholarship**

10/2016 – 10/2018 **Postdoc-Fellowship** of the “Physician Scientist”-Program of the Medical Faculty of Heidelberg “

11/2008 – 09/2010 **Carus Stipendiat** for trainee program “Qualifizierungsprogramm Klinische Forschung“

10/2002 – 10/2003 **Scholarship** **Life Science Lab** for Research Internship at the University of Heidelberg

** Raised external funds and research grants**

BMBF **Speaker of the research consortium „Improving outcomes in chronic musculoskeletal pain through a personalized medicine approach using cross-illness multilevel assessments and mechanism-based interventions“** (BMBF)Funding volume: 2.100.000 Euro

**Teilprojekt 1: Emotional distress-tailored treatment for chronic musculoskeletal pain and understanding treatment response through somatosensory processing and allostatic load**Principal investigator: Prof. (apl) Dr. med. J. TesarzFunding period: 04/2020-03/2023  
Funding volume: 910.000 Euro

DFG **Project B04 Translational studies in pain chronicity: role of corticothalamostriatal pathway in stress-sensitisation and comorbidity development** (Sonderforschungsbereich Schmerz CRC1158: From nociception to chronic pain: Structure-function properties of neural pathways and their reorganization, DFG) Principal Investigator: Prof. (apl) Dr. med. J. TesarzFunding period: 08/2019-07/2023Funding volume: 671.796 Euro

BMBF **Sino-German Alumni-Network for Psychosomatic Medicine and Psychotherapy** (FKZ 01DO17043A, BMBF) Principal Investigator: Prof. (apl) Dr. med. J. TesarzFunding period: 10/2017-09/2020Funding volume: 467.673 Euro

Heidelberg Faculty **Postdoc-Fellowship** of the Physician Scientist-Program of the Medical Faculty Heidelberg   
Funding period: 10/2016-01/2019  
Funding volume: ca. 165.000 Euro

 **Coordination and management activities**

10/2019 – today **Research consortium „Improving outcomes in chronic musculoskeletal pain through a personalized medicine approach using cross-illness multilevel assessments and mechanism-based interventions“**(BMBF; speaker and project coordinator)

01/2019 – today **Scientific** **Advisory Board of the “Future of EMDR Therapy” project of the international EMDR society** (EMDRIA)

04/2018 – today **German Guideline Irritable Bowel Syndrom**(Mandate holder of the German College of Psychosomatic Medicine, DKPM)

01/2018 – 10/2019 **Advisory Board for the Journal Trauma and Violence** ("Trauma & Gewalt")

04/2018 – today **German Guideline Neuroborreliosis**(Mandate holder of the German College of Psychosomatic Medicine, DKPM, and of the German Society of Psychosomatic Medicine and Psychotherapy, DGPM)

2017 – today **Sino-German Alumni Network in Psychosomatic Medicine and Psychotherapy**(FKZ 01DO17043A; project leader)

2013 – 2016 **Randomized controlled trial on the effects of EMDR in chronic low back pain patients** (“Effects of eye movement desensitization and reprocessing on non-specific chronic back pain: a randomized controlled trial with additional exploration of the underlying mechanisms”; project leader)

** Awards and honors**

2018 **Günter-Jantschek Research Award For Psychosomatics in Internal Medicine** [Günter-Jantschek-Forschungspreis] German College of Psychosomatic Medicine (DKPM)

2015 **Award For Young Scientists In Pain Research** German Association for the Study of Pain (DGSS)

 **Further qualifications**

05/2012 – 10/2017 **EMDRIA certified EMDR therapist**(EMDRIA Europe certificate)

10/2015 – 12/2015 **Training for Relaxation Exercises & Progressive Muscle Relaxation**

03/2014 – 05/2014 **Training for Autogenic Training**

09/2009 **Training for Triggerpoint Therapy**(basis level)  
Medical Society for Myofascial Pain e.V.

06/2009 **Training for Medical Hypnosis** **Therapy**(basic level), German Society for Medical Hypnosis & Autogenic Training e.V.

03/2009 **Training for Neurorehabilitation and Mirror Therapy** Seminars for Therapeutic, and Educational Specialists

04/2006 – 08 /2006 **Certification as Therapist in Diagnostic & Therapeutic Local Anaesthesia**German Academy for Neural Therapy and Acupuncture e.V.

 **Publications**

Publications overall: 62

H-Index: 14

I10-Index: 16

Citations overall 1010

 Original work   
 (peer-review, first/senior authorships)

2019Wettstein M, Spuling SM, Cengia AM, Nowossadeck S, **Tesarz J**. (Impact factor: 0.95). 2019 [in press]. Associations of Age and Pain with 9-Year Functional Health Trajectories: The Moderating Role of Information Processing Speed and Accommodative Coping . GeroPsych The Journal of Gerontopsychology and Geriatric Psychiatry.

Dong Y, Baumeister D, Berens S, Eich W, **Tesarz J**. Front Psychiatry (Impact factor: 3.161). 2019;2:714. High rates of non-response across treatment attempts in chronic irritable bowel syndrome: results from a follow-up study in tertiary care.

Berens S, Banzhaf P, Baumeister D, Gauss A, Eich W, Schaefert R, **Tesarz J**. J Psychosom Res (Impact factor: 3.268). 2019;126:109836. Relationship between adverse childhood experiences and illness anxiety in irritable bowel syndrome–The impact of gender.

Baumeister D, Eich W, Saft S, Geisel O, Hellweg R, Finn A, Svensson CI, **Tesarz J**. Sci Rep (Impact factor: 4.011). 2019;20;9:13667. No evidence for altered plasma NGF and BDNF levels in fibromyalgia patients.

Berens S, Schaefert R, Baumeister D, Gauss A, Eich W, **Tesarz J**. J Psychosom Res (Impact factor: 3.268). 2019 [Epub ahead of print]. Does symptom activity explain psychological differences in patients with irritable bowel syndrome and inflammatory bowel disease? Results from a multi-center cross-sectional study.

Dong Y, Baumeister D, Berens S, Eich W, **Tesarz J**. J Clin Gastroenterol (Impact factor: 2.724). 2019 [Epub ahead of print]. Stressful Life Events Moderate the Relationship Between Changes in Symptom Severity and Health-related Quality of Life in Patients With Irritable Bowel Syndrome.

**Tesarz J**, Eich W, Baumeister D, Kohlmann T, D'Agostino R, Schuster AK. Eur Heart J (Impact factor: 23.425). 2019 [Epub ahead of print]. Widespread pain is a risk factor for cardiovascular mortality: Results from the Framingham Heart Study.

2018Baumeister D, Eich W, Lerner R, Lutz B, Bindila L, **Tesarz J**. Psychother Psychosom (Impact factor: 13.122). 2018;26:1-3. Plasma parameters of the endocannabinoid system are unaltered in fibromyalgia.

Dong Y, Berens S, Eich W, Schaefert R, **Tesarz J**. BMJ Open (Impact factor: 2.413). 2018;8(10):e019453. Is body mass index associated with symptom severity and health-related quality of life in irritable bowel syndrome? A cross-sectional study.

Wettstein M, Eich W, Bieber C, **Tesarz J**. Pain Med (Impact factor: 2.782). 2018; 2019;20(4):668-680. Profiles of Subjective Well-Being in Patients with Chronic Back Pain: Contrasting Subjective and Objective Correlates.

Schuster A, Wettstein M, Eich W, Bieber C, **Tesarz J**. Pain Med (Impact factor: 2.782). 2018;19(12):2528-2253. Eye pain and dry eye in patients with fibromyalgia.

Wettstein M, Eich W, Bieber C, **Tesarz J**. Pain Med (Impact factor: 2.782). 2018;20(3):464-475. Pain Intensity, Disability and Quality of Life in Patients With Chronic Low Back Pain: Does Age Matter?

2017Gerhardt A, Eich W, Treede RD, **Tesarz J**. PAIN (Impact factor: 5.559). 2017;158(3):430-439. Conditioned pain modulation in non-specific chronic back pain patients with chronic local pain, chronic widespread pain, and fibromyalgia.

2016 **Tesarz J**, Wolfgang E, Treede RD, Gerhardt A. PAIN (Impact factor: 5.213). 2016;157(8):1799-809. Altered pressure pain thresholds and increased wind-up in adult chronic back pain patients with a history of childhood maltreatment: a quantitative sensory testing study.

**Tesarz J**, Gerhardt A, Hartmann M, Kohlmann T, Eich W. Clin J Pain (Impact factor: 2.527). 2016;32(7):580-7. The course of the spatial extent of pain in non-specific chronic back pain: A prospective population-based cohort study with clinical evaluation.

Gerhardt A, Leisner S, Hartmann M, Janke S, Seidler GH, Eich W. **Tesarz J**. Front Psychiatry (Impact factor: 4.58). 2016;7:e201. Eye Movement Desensitization and Reprocessing (EMDR) Versus Treatment as Usual for Non-Specific Chronic Back Pain Patients with Psychological Trauma: A Randomized Controlled Pilot Study.

Schuster AK, Harder BC, Schlichtenbrede FC, Jarczok MN, **Tesarz J**. Cochrane Database Syst Rev (Impact factor: 6.222). 2016; 11:CD011503. Valacyclovir versus acyclovir for the treatment of herpes zoster ophthalmicus in immunocompetent patients.

Gerhardt A, Eich W, Treede RD, **Tesarz J**. PAIN (Impact factor: 5.557). 2016;158(3):430-439. Conditioned pain modulation in non-specific chronic back pain patients with chronic local pain, chronic widespread pain, and fibromyalgia.

Gerhardt A, Eich W. Janke S, Leisner S, Treede RD, **Tesarz J**. Clin J Pain (Impact factor: 2.527). 2016;32(7):568-79. Chronic widespread back pain is distinct from chronic local back pain: evidence from quantitative sensory testing, pain drawings, and psychometrics.

2015 **Tesarz J**, Gerhardt A, Leisner S, Janke S, Treede RD, Eich W. PAIN (Impact factor: 5.213). 2015;156(4):577-86. Distinct quantitative sensory testing profiles in nonspecific chronic back pain subjects with and without psychological trauma.

2014 **Tesarz J**, Janke S, Leisner S, Seidler GH, Eich W, Gerhardt A. OA Musculoskeletal Medicine (Impact factor: -). 2015; 2014;2(2):20. Eye Movement Desensitization and Reprocessing in Non-Specific Chronic Back Pain: A Case Series.

**Tesarz J**, Leisner S, Gerhardt A, Janke S, Seidler GH, Eich W, Hartmann M. Pain Med (Impact factor: 2.339). 2014;15(2):247-63. Effects of eye movement desensitization and reprocessing (EMDR) treatment in chronic pain patients: a systematic review.

2013 **Tesarz J**, Gerhardt A, Schommer K, Treede RD, Eich W. Pain (Impact factor: 5.213). 2013;154(7):1022-9. Alterations in endogenous pain modulation in endurance athletes: an experimental study using quantitative sensory testing and the cold-pressor task.

**Tesarz J**, Hoheisel U, Mense S. Exp Brain Res (Impact factor: 2.036). 2013;224(4):571-80. Tetrodotoxin-resistant fibres and spinal Fos expression: differences between input from muscle and skin.

**Tesarz J**, Gerhardt A, Leisner S, Janke S, Hartmann M, Seidler GH, Eich W. BMC Musculoskelet Disord (Impact factor: 1.717). 2013;14:256. Effects of eye movement desensitization and reprocessing (EMDR) on non-specific chronic back pain: a randomized controlled trial with additional exploration of the underlying mechanisms.

2012 **Tesarz J**, Schuster AK, Hartmann M, Gerhardt A, Eich W. PAIN (Impact factor: 5.213). 2012;153(6):1253-62. Pain perception in athletes compared to normally active controls: a systematic review with meta-analysis.

**2011 Tesarz J**, Hoheisel U, Wiedenhöfer B, Mense S. Neuroscience (Impact factor: 3.357). 2011;194:302-8. Sensory innervation of the thoracolumbar fascia in rats and humans.

 Original work co-authorships (peer review)

2018Schuster A, **Tesarz J**, Rezapour J, Beutel M, Bertram B, Pfeifer N. Frontiers Psychiatry (Impact factor: 2.857). 2018;9:114. Visual impairment is associated with depressive symptoms – results from the nationwide German DEGS1 study.

Berens S, Stroe-Kunold E, Kraus F, **Tesarz J**, Gauss A, Niesler B, Herzog W, Schaefert R. J Psychosom Res (Impact factor: 2.947). 2018;105:72-79. Pilot-RCT of an integrative group therapy for patients with refractory irritable bowel syndrome.

2017Berens S, Kraus F, Gauss A, **Tesarz J**, Herzog W, Niesler B, Stroe-Kunold E, Schaefert R. A Specialty Clinic for Functional Gastrointestinal Disorders in Tertiary Care: Concept and Patient Population. Clin Gastroenterol Hepatol (Impact factor: 7.680). 2017;S1542-3565(17):30284-30287.

2015Schuster AK, **Tesarz J**, Vossmerbaeumer U. J Cataract Refract Surg (Impact factor: 2.722). 2015;41(5):1088-1097. Ocular wavefront analysis of aspheric compared with spherical monofocal intraocular lenses in cataract surgery: systematic review with metaanalysis.

Schuster AK, **Tesarz J**, Harder BC, Schlichtenbrede FC, Jarczok MN, Jonas JB. Cochrane Database of Systematic Reviews (Impact factor: 6.035). 2015;1:CD011503. Valaciclovir versus aciclovir for the treatment of herpes zoster ophthalmicus in immunocompetent patients (study protocol).

2014Gerhardt A, Hartmann M, Blumenstiel K, **Tesarz J**, Eich W. Pain Med (Impact factor: 2.339). 2014;15(7):1200-10. The prevalence rate and the role of the spatial extent of pain in nonspecific chronic back pain - a population-based study in the south-west of Germany.

Leisner S, Gerhardt A, **Tesarz J**, Janke S, Seidler GH, Eich W. Schmerz (Impact factor: 1.017). 2014;28(6):600-6. Childhood abuse experiences and chronic low back pain. Direct and mediated effects of childhood abuse in different pain dimensions of nonspecific chronic low back pain.

2013Schuster AK, **Tesarz J**, Vossmerbaeumer U. Ophthalmology (Impact factor: 6.135). 2013;120(11):2166-75. The impact on vision of aspheric to spherical monofocal intraocular lenses in cataract surgery: a systematic review with meta-analysis.

2012Gerhardt A, Hartmann M, **Tesarz J**, Janke S, Leisner S, Seidler G, Eich W. BMC Musculoskelet Disord (Impact factor: 1.717). 2012;13:e136. Subgroups of musculoskeletal pain patients and their psychobiological patterns - The LOGIN study protocol.

2011Blumenstiel K, Gerhardt A, Rolke R, Bieber C, **Tesarz J**, Friederich HC, Eich W, Treede RD. Clin J Pain (Impact factor: 2.527). 2011;27(8):682-690. Quantitative sensory testing profiles in chronic back pain are distinct from those in fibromyalgia.

 Reviews

2019 **Tesarz J**, Wicking M, Bernardy K, Seidler GH. Journal of EMDR Practice and Research (Impact factor: - ). 2019;13(4):337-344. EMDR Therapy's Efficacy in the Treatment of Pain.

2018 **Tesarz J**, Gerhardt A, Eich W. Schmerz (Impact factor: 1.215). 2018;32(4):243-249. Influence of early childhood stress exposure and traumatic life events on pain perception.

2017Wicking M, Maier C, **Tesarz J**, Bernardy K. Schmerz (Impact factor: 1.017). 2017; Epub ahead of print. EMDR as a psychotherapeutic approach in the treatment of chronic pain: Is Eye Movement Desensitization and Reprocessing an effective therapy for patients with chronic pain who do not suffer from posttraumatic stress disorder?

**Tesarz J**, Eich W. Trauma (Impact factor: -). 2017;1: 64-77. Trauma und Schmerz: eine evolutionsbiologische Perspektive.

2016 **Tesarz J,** Seidler GH, Eich W. PiD (Impact factor: -). 2016;4: 14-6. Chronische Schmerzstörungen: Einsatz von EMDR in der Schmerztherapie.

2014 **Tesarz J**, Gerhardt A, Treede RD, Eich W. Schmerz (Impact factor: 1.017). 2014;28(2):184-187. Pain perception in athletes: characteristic features in pain processing by athletes compared to non-athletes.

2013 **Tesarz J**, Eich W. Aktuelle Rheumatologie (Impact factor: -). 2013;19. Verändert körperliche Aktivität die Schmerzwahrnehmung? Möglicher Ansatzpunkt für die Therapie bei chronischen Schmerzen.

Gerhardt A, Eich W, Seidler G, **Tesarz J**. OA Musculoskeletal Medicine (Impact factor: -). 2013;1(1);e7. Eye movement desensitization and reprocessing in chronic pain conditions.

2010 **Tesarz J**. Osteopathische Medizin (Impact factor: -). 2010;1:28-34. Die Fascia thoracolumbalis als potenzielle Ursache für Rückenschmerzen: Anatomische Grundlagen und klinische Aspekte.

 Others

2017 **Tesarz J,** Eich W. Pain (Impact factor: 5.213). 2017;158(6):1177-78. A conceptual framework for "updating the definition of pain".

2014Lampert A\*, **Tesarz J**\*, Volkert AK, Wesche D, Wild B, Schwab M, Haefeli WE. Psychother Psychosom (Impact factor: 9.196). 2014;83(6):379-81. (\*geteilte Erstautorenschaft) An N-of-1 trial as an individualized withdrawal treatment approach to psychological methylphenidate dependence.

2013 **Tesarz J**, Gerhardt A, Treede RD, Eich W. Pain (Impact factor: 5.213). 2013;154:2888-90. Editorial discussion.

 Book contributions and editorships

2018 **Tesarz J**, Eich W. Somatoforme Schmerzstörungen. In: Praktische Schmerztherapie. Hrsg. Baron, Strumpf. Springer Verlag. 2018

Van Loh J. Digitale Störungen. Hrsg. Seidler GH, **Tesarz J**, Streeck-Fischer A. Stuttgart: Klett-Cotta, 2018.

Holfthoff-Detto V. Menschen mit Demenz und ihre Anghörigen. Hrsg. Seidler GH, **Tesarz J**, Streeck-Fischer A. Stuttgart: Klett-Cotta, 2018.

**Tesarz J**, Eich W. Fibromyalgie-Syndrom. In: Rationelle Diagnostik und Therapie in der Inneren Medizin, Kap.I (Rheumatische Erkrankungen). Hrsg. Fleig, WE, Mayer WJ, Mertens PR, Meyer J et al. Elsevier Urban & Fischer, 2018.

**Tesarz J**, Seidler GH, Eich W. EMDR and Chronic Pain Conditions. In M. Luber (Ed.), Eye Movement Desensitization and Reprocessing (EMDR) Scripted Protocols and Summary Sheets: Treating Medical-Related Issues. New York: Springer, 2018.

2016 **Tesarz J,** Eich W. (im Druck). Schmerz aus medizinpsychologischer Perspektive. In: n U. Koch & J. Bengel (Hrsg.), Enzyklopädie der Psychologie – Medizinische Psychologie Band 2: Anwendungen. Göttingen: Hogrefe, 2016.

2014 **Tesarz J**, Eich W. Fibromyalgie-Syndrom. In: Rationelle Diagnostik und Therapie in der Inneren Medizin, Kap.I (Rheumatische Erkrankungen). Hrsg. Fleig, WE, Mayer WJ, Mertens PR, Meyer J et al. Elsevier Urban & Fischer. 2014.

2013 **Tesarz J**, Eich W. Somatoforme Schmerzstörungen. In: Praktische Schmerztherapie. Hrsg. Baron, Strumpf. Springer Verlag. 2013.

2009 **Tesarz J**. Hoheisel U., Mense S. The Innervation of the Fascia Thoracolumbalis. In: Huijing PA, Hollander P, Findley TW & Schleip R (eds.), Fascia research – Basic science and implications for conventional and complementary health care. Elsevier Science, Munich 2009.

 Book publications

2018 **Tesarz J**. Psychosomatik in der Schmerztherapie. Hrsg. Seidler GH, **Tesarz J**, Streeck-Fischer A. Stuttgart: Klett-Cotta, 2018.

2016 **Tesarz J,** Eich W. Schmerzen behandeln mit EMDR. Das Praxishandbuch. 3. Auflage. Stuttgart: Klett-Cotta, 2016.

**Tesarz J,** Eich W. Schmerzen behandeln mit EMDR. Das Praxishandbuch. 2. Auflage. Stuttgart: Klett-Cotta, 2016.

2015 **Tesarz J**, Seidler GH, Eich W. Schmerzen behandeln mit EMDR. Das Praxishandbuch. Stuttgart: Klett-Cotta, 2015.

 Conference talks

2019 **Tesarz J** (invited speaker). EMDR in the treatment of pain. International Annual Conference of Psychosomatic Medicine Branch of Beijing Medical Association Beijing 23.11.2019

**Tesarz J** (invited speaker). EMDR in the treatment of pain. German Society for Pain Psychotherapy 01.11.2019

**Tesarz J**. Sport und Schmerz  
Schmerz und Schmerzbewältigung bei Sportlern. Deutscher Schmerzkongress Mannheim 10.10.2019

**Tesarz J**. Phänomenologie des Fibromyalgiesyndroms   
– mehr als nur Nerven- und Muskelschmerz. Deutscher Schmerzkongress Mannheim 10.10.2019

**Tesarz J** (invited speaker). Psychic trauma and Pain: Influence of psychic trauma on pain perception. International Psychosomatic Medicine Summit Forum Shanghai 09.05.2019

**Tesarz J** (invited speaker). Trauma and Pain: Influence of psychic trauma on pain perception and central pain processing. Annual Meeting of the Danish Pain Society, Horsens 08.03.2019

2018 **Tesarz J**. The Spatial Extent of Low Back Pain and Links to Disrupted Pain Mechanisms. 17th World Congress on Pain, Boston 13.09.2018

2017 **Tesarz J**. Somatosensorische Profile bei Patienten mit chronischen Rückenschmerzen mit und ohne Traumavorgeschichte. Deutscher Schmerzkongress Mannheim 12.10.2017

**Tesarz J** (invited speaker). EMDR bei Schmerzpatienten – das Schmerzprotokoll in der klinischen Anwendung. EMDRIA-Tags "Alles im Fluss", Bonn, 13.05.2017

**Tesarz J**. Nicht-spezifischer Rückenschmerz und psychische Traumatisierungt. German Congress for Psychosomatic Medicine and Psychotherapy (DKPM) Berlin 23.03.2017

2016 **Tesarz J** (invited speaker). Traumatische Ereignisse und deren Folgen bei chronischen Schmerzen: Empirische Daten und neue Therapieansätze. Herbstsymposium Rottweil 12.11.2016

**Tesarz J**. Der gestresste Rücken: Psychobiologische Zusammenhänge von Stress und Rückenschmerz. Deutscher Schmerzkongress Mannheim 20.10.2016

**Tesarz J**. Körperliche Aktivität, Sport und Schmerz:  
Interaktion von körperlicher Aktivität und Schmerzwahrnehmung. Deutscher Schmerzkongress Mannheim 20.10.2016

**Tesarz J** (invited speaker). Non-specific back pain and psychological traumatization. International Mind & Pain in Motion Symposium Bochum 24.06.2016

**Tesarz J** (invited speaker). Non-specific back pain and psychological traumatization. Annual Meeting of the Scientific Association Muscle & Pain Bernried 05.06.2016

**Tesarz J** (invited speaker). Schmerzen mit EMDR wirkungsvoll behandeln. EMDRIA-Tags "EMDR bricht Linien", Berlin, 07.05.2016

**Tesarz J**. Trauma and chronic pain: psychological parameters and their modification by EMDR. German Congress for Psychosomatic Medicine and Psychotherapy (DKPM) Potsdam 18.03.2016

2015 **Tesarz J**. Eye Movement Desensitization and Reprocessing (EMDR): Der Einfluss einer EMDR-basierten Intervention auf das Schmerzerleben bei chronischen Rückenschmerzpatienten. Deutscher Schmerzkongress Mannheim 17.10.2015

2014 **Tesarz J**. Eye Movement Desensitization and Reprocessing zur Behandlung chronischer Schmerzen. Deutscher Schmerzkongress Hamburg 25.10.2014

**Tesarz J**. Frühe Stresserfahrungen und psychischeTraumatisierung bei Patienten mit Rückenschmerz: Epidemiologische Daten und psychophysiologische Untersuchungen. Deutscher Schmerzkongress Hamburg 23.10.2014

2013 **Tesarz J**. Psychotraumatisierung bei chronisch nicht-spezifischem Rückenschmerz: EMDR als ein neuer Behandlungsansatz gegen den Schmerz. Deutscher Schmerzkongress Hamburg 24.10.2013

**Tesarz J**. Verändert körperliche Aktivität die Schmerzwahrnehmung? Möglicher Ansatzpunkt für die Therapie bei chronischen Schmerzen. Kongress der Deutschen Gesellschaft für Rheumatologie Mannheim 19.09.2013

2009 **Tesarz J** (invited speaker). The neuroanatomical basis of low back pain originating in the fascia thoracolumbalis. Fascia Research Congress Amsterdam 28.10.2009

**Tesarz J** (invited speaker). Die Faszia thoracolumbalis als Schmerzquelle für nicht-spezifische Rückenschmerzen. 57. Jahrestagung der Vereinigung Süddeutscher Orthopäden e. V., Baden-Baden 02.05.2009

 Conference poster

2018 **Tesarz J**, Baumeister D, Eich W. Widespread Pain Is a Risk Factor for Cardiovascular Mortality: Results from the Framingham Heart Study. 17th World Congress on Pain, Boston 14.09.2018

2017 **Tesarz J**, Schuster A, Eich W. Eye pain and dry eye in patients with fibromyalgia. 10th Congress of the European Pain Federation EFIC Kopenhagen 06.09.2017

2016 **Tesarz J**, Gerhardt A, Eich W. Altered pressure pain thresholds and increased wind-up in adult chronic back pain patients with a childhood history of early stress exposure: A quantitative sensory testing study. 16th World Congress on Pain Yokohama, Japan 27.09.2016

2015 Henrich F, Magerl W, **Tesarz J**. Veränderung der Schmerzsensitivität unter Ausdauerbelastung: Einfluss von Stress und Bewertung auf die endogene Schmerzmodulation durch „Exercise Induced Hypoalgesia“ und „Diffuse Noxious Inhibitory Control“. ASP Annual Meeting Freiburg 16.05.2015

Eich W, **Tesarz J**, Leisner L, Janke S, Seidler GH, Gerhardt A. Eye movement desensitization and reprocessing (EMDR) in non-specific chronic back pain: a randomized controlled pilot study. 9th Congress of the European Pain Federation EFIC Vienna 04.09.2015

2014 **Tesarz J**, Gerhardt A, Eich W. The course of the spatial extent of pain in non- specific chronic back pain: a prospective population- based cohort study with clinical evaluation. 15th World Congress on Pain Buenos Aires, Argentina 07.10.2014

Gerhardt A, Eich W, Janke S, **Tesarz J**. Distinct quantitative sensory testing profiles in non-specific chronic back pain subjects with and without experienced traumatic events. 15th World Congress on Pain Buenos Aires, Argentina 09.10.2014

Eich W, Leisner S, Janke S, GH Seidler, Gerhardt A, Tesarz J. First results of effects of eye movement desensitization and reprocessing (EMDR) in non- specific chronic back pain. 15th World Congress on Pain Buenos Aires, Argentinia 10.10.2014

Gerhardt A. **Tesarz J**, Janke S, Leisner S, Eich W. Konditionierte Schmerzmodulation (CPM) bei Patienten mit chronischem Rückenschmerz, depressiven Personen und schmerzfreien Kontrollen. Deutscher Schmerzkongress Hamburg 23.10.2014

Leisner S, Gerhardt A, Janke S, **Tesarz J**, Eich W. Entwicklungstraumatisierung bei Fibromyalgie (FMS) Unterschiede in Prävalenz, Art und Schwere früher Traumatisierung und Vernachlässigung bei PatientInnen mit FMS und chronischem Rückenschmerz. Deutscher Schmerzkongress Hamburg 23.10.2014

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 **Invited reviewer activities**

Alphabetical Pain, European Journal of Pain, European Journal of Sport Science, Clinical Journal of Pain, Pain Medicine, Pain Practice, Journal of Psychosomatic Research, Journal of the American Psychiatric Nurses Association, European Review of Applied Psychology, Journal of Science and Medicine in Sport, Journal of Sport & Exercise Psychology, Canadian Journal of Behavioural Science, Frontiers in Human Neuroscience, Frontiers in Psychiatry, Physiology & Behavior, Psychotherapy Research, Scientific Reports, Research in Sports Medicine.