

# Curriculum Vitae – Dr. Felicitas Engel

## Research areas

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- **Functional gastrointestinal disorders, especially irritable bowel syndrome**
- **Chronic inflammatory bowel diseases**
- **Psychotherapy**

## Professional Experience (Research)

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- 04/2018 - present      **Part of the research team “pain and functional disorders” in Heidelberg,**  
under leadership of Prof. (apl.) Dr. med. Jonas Tesarz
- 08/2014 – 06/2019      **Doctorate-Student (Dr. med.)** at the Department of General Internal Medicine  
and Psychosomatics in Heidelberg  
(doctorate supervisor: Prof. Dr. Rainer Schaefer)  
**Thesis:** “Funktionelle gastrointestinale Störungen – Analyse einer  
Spezialambulanz in Hinblick auf Inanspruchnahmeklientel, Subgruppen und  
Verlauf“ (**Functional gastrointestinal disorders - Analysis of a specialty clinic  
with regard to patient population, subgroups and clinical course**)
- 03-08/2014              **Research assistant** at the Department of General Internal Medicine and  
Psychosomatics

## Professional Experience (Assistant physician)

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### **Assistant physician in training to become a medical specialist in Psychosomatic Medicine and Psychotherapy**

- 04/2018 - present      Working in the department of General Internal Medicine and Psychosomatics,  
**University of Heidelberg**
- 09/2016 - 03/2018      Working in the **Psychiatric Center of Northern Baden in Wiesloch**
- 2009-2015              **Degree in Medicine at Ruprecht-Karls-University**

## Further qualifications

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- 01/2017 - present      **Training to become a specialist in psychosomatic medicine and  
psychotherapy (cognitive-behavioral-therapy)** at IFKV Bad Dürkheim
- 11/2018 - present      **Training in operationalized-psychodynamic-diagnostics (OPD)**
- 11/2018 - present      **Training in Schema Therapy**
- 05-11/2019              **Training in progressive muscle relaxation (PMR)**
- 03/2015                  **Gut-directed hypnosis in a clinical setting**

## Awards and Scholarships

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2020	<b>Doctoral Prize “Bio-psycho-soziale Medizin 2020” (Bio-Psycho-Social Medicine 2020)</b> awarded by the German College of psychosomatic Medicine (DKPM)
10/2019 - present	<b>Scholarship for trainee program Carus</b> „Qualifizierungsprogramm Klinische Forschung“ (Qualification program clinical research)
09/2019	<b>Scholarship nEUROgastro TANDEM</b> , Presentation of a project outline together with Dr. Pusceddu in Lisbon
03/2015	<b>Travel expense scholarship</b> for the <b>German Congress of Psychosomatic Medicine and Psychotherapy</b>

## Publications

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2020	Berens, S. <sup>1</sup> , Engel, F. <sup>1</sup> , Gauss, A, Tesarz, J, Herzog, W, Niesler, B, Stroe-Kunold, E, Schaefer, R. <b>Patients with Multiple Functional Gastrointestinal Disorders (FGIDs) Show Increased Illness Severity: A Cross-Sectional Study in a Tertiary Care FGID Specialty Clinic.</b> Gastroenterology Research and Practice.
2017	Berens, S. <sup>1</sup> , Kraus, F. <sup>1,2</sup> , Gauss, A., Tesarz, J., Herzog, W., Niesler, B., Stroe-Kunold, E. und Schaefer, R. (2017). <b>A Specialty Clinic for Functional Gastrointestinal Disorders in Tertiary Care: Concept and Patient Population.</b> Clinical Gastroenterology and Hepatology 15, 1127-1129.
2017	Berens, S. <sup>1</sup> , Stroe-Kunold, E. <sup>1</sup> , Kraus, F. <sup>2</sup> , Tesarz, J., Gauss, A., Niesler, B., Herzog, W. und Schaefer, R. (2017). <b>Pilot-RCT of an integrative group therapy for patients with refractory irritable bowel syndrome</b> (ISRCTN02977330). Journal of Psychosomatic Research 105, 72-79.

<sup>1</sup>shared first-authorship <sup>2</sup>Engel, F. (born: Kraus)