

Curriculum Vitae – Dr. Felicitas Engel

Research areas

- **Disorders of Gut-Brain Interaction (DGBI), especially irritable bowel syndrome**
- **Chronic inflammatory bowel diseases**
- **Psychotherapy**

Professional Experience (Research)

- 04/2018 - present **Part of the research team “pain and disorders of gut-brain interaction” in Heidelberg**, under leadership of Prof. (apl.) Dr. med. Jonas Tesarz
- 08/2014 – 06/2019 **Doctorate-Student (Dr. med.)** at the Department of General Internal Medicine and Psychosomatics in Heidelberg
(doctorate supervisor: Prof. Dr. Rainer Schaefer)
Thesis: “Funktionelle gastrointestinale Störungen – Analyse einer Spezialambulanz in Hinblick auf Inanspruchnahmeklientel, Subgruppen und Verlauf“ (**Functional gastrointestinal disorders - Analysis of a specialty clinic with regard to patient population, subgroups and clinical course**)
- 03-08/2014 **Research assistant** at the Department of General Internal Medicine and Psychosomatics

Professional Experience (Assistant physician)

Assistant physician in training to become a medical specialist in Psychosomatic Medicine and Psychotherapy

- 04/2018 - present Working in the department of General Internal Medicine and Psychosomatics, **University of Heidelberg**
- 09/2016 - 03/2018 Working in the **Psychiatric Center of Northern Baden in Wiesloch**
- 2009-2015 **Degree in Medicine** at **Ruprecht-Karls-University**

Further qualifications

- 01/2017 - present **Training to become a specialist in psychosomatic medicine and psychotherapy (cognitive-behavioral-therapy)** at IFKV Bad Dürkheim
- 11/2018 - present **Training in Schema Therapy**
- 11/2018 + 02/2019 **Training in operationalized-psychodynamic-diagnostics (OPD)**
- 05+11/2019 **Training in progressive muscle relaxation (PMR)**
- 03/2015 **Gut-directed hypnosis in a clinical setting**

Awards and Scholarships

2020	Doctoral Prize “Bio-psycho-soziale Medizin 2020” (Bio-Psycho-Social Medicine 2020) awarded by the German College of psychosomatic Medicine (DKPM)
10/2019 – 03/2021	Scholarship for trainee program Carus „Qualifizierungsprogramm Klinische Forschung“ (Qualification program clinical research)
09/2019	Scholarship nEUROgastro TANDEM , Presentation of a project outline together with Dr. Pusceddu in Lisbon
03/2015	Travel expense scholarship for the German Congress of Psychosomatic Medicine and Psychotherapy

Publications

2022	Engel F., Stadnitski T., Stroe-Kunold E., Berens S., Schaefer R., Wild B. (2022) Temporal Relationships Between Abdominal Pain, Psychological Distress and Coping in Patients With IBS – A Time Series Approach. Frontiers in Psychiatry, 13, 768134
2021	Engel F., Stadnitski T., Stroe-Kunold E., Berens S., Schaefer R., Wild B. (2021) Pain and psyche in a patient with irritable bowel syndrome: chicken or egg? A time series case report. BMC Gastroenterology 21, 309.
2021	Mohr S., Fritz N., Hammer C., Martinez C., Berens S., Schmitteckert S., (...), Engel, F., (...), et al. (2021) The alternative serotonin transporter promoter P2 impacts gene function in females with irritable bowel syndrome. Journal of Cellular and Molecular Medicine 25(16), 8047-61
2021	Engel F., Berens S., Gauss A., Schaefer R., Eich W., Tesarz J. (2021) Higher Levels of Psychological Burden and Alterations in Personality Functioning in Crohn's Disease and Ulcerative Colitis. Frontiers in Psychology 12, 671493
2021	Engel F. Reizdarmsyndrom. (2021) Deutsche Zeitschrift für Akupunktur 64, 129–31.
2020	Berens, S ¹ , Engel, F¹ , Gauss, A, Tesarz, J, Herzog, W, Niesler, B, Stroe-Kunold, E, Schaefer, R. Patients with Multiple Functional Gastrointestinal Disorders (FGIDs) Show Increased Illness Severity: A Cross-Sectional Study in a Tertiary Care FGID Specialty Clinic. Gastroenterology Research and Practice.
2017	Berens, S. ¹ , Kraus, F.^{1,2} , Gauss, A., Tesarz, J., Herzog, W., Niesler, B., Stroe-Kunold, E. und Schaefer, R. (2017). A Specialty Clinic for Functional Gastrointestinal Disorders in Tertiary Care: Concept and Patient Population. Clinical Gastroenterology and Hepatology 15, 1127-1129.
2017	Berens, S. ¹ , Stroe-Kunold, E. ¹ , Kraus, F.² , Tesarz, J., Gauss, A., Niesler, B., Herzog, W. und Schaefer, R. (2017). Pilot-RCT of an integrative group therapy for patients with refractory irritable bowel syndrome (ISRCTN02977330). Journal of Psychosomatic Research 105, 72-79.

¹shared first-authorship ²Engel, F. (born: Kraus)